

Recipe for making the Fountain of Youth, orthosilicic acid, safely at home and how to use it, v.1b.

Orthosilicic acid is an inorganic bioavailable silica made by the natural processes of the Earth in the intermediate steps of forming opal gemstone. Normally, this is a three step process of alternately raising and lowering and then raising the pH again, but we will manage to accomplish this in only one step with the benefit of mild electricity.

Orthosilicic acid nourishes the body to stimulate its production of collagen, also known as connective tissue. When trace silver is present, collagen forms stem cells at the skin and pericardial sac surrounding the heart resulting in spontaneous regeneration of whatever tissue or internal organ is of greatest need to regrow its deficient material structure.

Regeneration consumes the body's alkaline reserves, so it is necessary to replenish these reserves with electrolytes and earth minerals as we proceed.

1. In a two quart glass pitcher, add distilled water, low magnesium earth salt (such as extra fine Himalayan - not sea salt), diatomaceous earth [D.E.] food grade, and bicarbonate of potassium, in the ratio of 1 rounded teaspoon of D.E., 2 of salt and one third of potassium bicarbonate. Don't overdo the D.E.; a little goes a long way.

2. Cut and shape two electrodes out of 99.99% pure silver wire to overhang into the pitcher along opposite sides all the way to the bottom, and form a tiny curl at the bottom end so as to avoid scratching the inside surface of the glass. Make sure the top end curls over the top lip of the pitcher – downward for a short ways and then horizontally outward – to form a short extension jutting out away from the pitcher. This is where the clip leads from a colloidal silver generator will attach.

3. Run the colloidal silver generator on its lowest setting continuously for a few days and make sure your machine is capable of stirring the solution. Set the stirring knob on the machine to a moderate to low speed.

4. Cover the pitcher with a clean plastic lid (such as from a used quart-sized yogurt container).

5. When you want to take a sip, turn off the machine and pour out a few ounces into a small disposable cup and discard any solution that you fail to consume within less than half an hour. Turn the machine back on making sure that the remaining solution continues to stir.

6. Do not turn off the machine unless you're taking a sip or the pitcher is empty.

7. Drink on an empty stomach immediately before, or between, meals.

8. Rinse the pitcher clean and scrub the silver wire with a copper scrub pad taking care not to leave behind any copper fibers.

9. Optionally supplement your diet with plenty of calcium carbonate along with whatever earth mineral or electrolyte suits your fancy, such as: magnesium malate, kelp, etc.

10. Besides oral ingestion, this mixture is useful for soaking the body in a bath, or when taking enema implants, or by dropping into each ear canal, or applied to wounds by wetting the gauze – which dresses the wound – with this solution.

For example, if we're pursuing yoga or the development of our sensitivity to inspiration, intuition and imagination, dropping this solution into each ear canal for a few minutes before draining empty is a perfectly effective method of nourishing all ten sinus cavities since a residue will ooze down the ear canals into the sinusal areas.

Viktoras Kulvinskas, who wrote "Survival into the 21<sup>st</sup> Century" and who with Ann Wigmore cofounded the Hippocrates Health Institute in Boston Massachusetts – and who have both made wheatgrass juice famous, has said in his book that the sinus cavities are an extension of the psychic centers in the brain.

Bioavailable silica does more than merely nourish the physiology when applied to any area of it. It also protects these potentially vulnerable areas of sensory input by literally grounding them in a commonly available, physical element of the Earth's crust, namely: silica.

Spaciness is another potential risk to refining our sensitivity. When we, as meditators, are advised to maintain our common touch by refraining from overly raising our consciousness beyond our physical capacity to flourish in a sane and safe manner, grounding becomes very auspicious to our pursuit of yoga and our conscious development.

<http://EarthWorksHealth.com/> >> diatomaceous earth, food grade

<https://nuts.com/cookingbaking/leavenerthickener/potassium-bicarbonate.html> and also available on [Amazon](#).

For more information, read the book of Dr. Robert O. Becker, MD entitled "[The Body Electric](#)" sold on [Amazon](#) and elsewhere.

Dr. Becker has a patent for the use of silver in wound care at this location:  
<http://tinyurl.com/becker-patent>

Also see the photo documentation of Dr. Pramod Vora who has replicated one of Dr. Becker's treatment methods:  
<http://space-age.com/>

There is also a clinic in Australia which has been successful in treating cancer with Becker's technique:  
<http://electromedicine.org.au/>

My effort at researching Dr. Becker:  
<http://tinyurl.com/becker-info>